

## **Pull Tab Fundraising Program**

Did you know that the pull tab from your soda, beverage or soup can is part of a major fundraising effort for Ronald McDonald House Charities of Nashville? By simply saving this tiny pull tab, you can help raise thousands of dollars to support the families of seriously ill or injured children receiving medical treatment at Nashville area hospitals.

Ronald McDonald House Charities of Nashville's Pull Tab Program has an agreement with a local recycling company to receive a premium rate per pound for these tabs. Through this recycling program we are raising more than \$13,000 a year to help with our operating expenses.

So why save the pull tab and not the entire can? The pull tab is more sanitary, convenient and more importantly anyone can participate.

Individuals, schools, churches, clubs and businesses can join in the fun! Here are some tips for joining us in "Pulling for the Ronald McDonald House".



- Encourage each member of your organization to participate, no matter how many they collect every tab counts! It takes approximately 1,200 pull tabs to equal one pound.
- Distribute collection containers like clean milk jugs, Ziploc bags or pick up pull tab collection houses at our location.
- Designate a collection site and time on a weekly or monthly basis.
- Contact Ronald McDonald House Charities of Nashville for information on dropping off your pull tabs. (615) 343-4000

Next time you open a can, please pull for Ronald McDonald House Charities of Nashville!

Pull tabs can be dropped off or mailed to RMHC of Nashville (2144 Fairfax Avenue) 7 days a week from 9am-7pm!